



Rostislav Benak - Speaker

Biography

Rostislav Benak is an executive coach since 1999. In 2007 he became an Accredited Professional Coach, by today with 4000 coaching hours and coachees of 30 different nationalities. Benák has delivered coaching and leadership development programs in over 25 countries and is respected for his international experience as well as academic degrees in Finance, Psychology, Corporate Economy and Management from Charles University, University of Economics in Prague, and Universidade de Santiago de Compostela. In 2001 he founded Assessment Systems, the human capital advisory company, and lead its growth into 10 countries. As a coach and supervisor he favours eclectic approach, however his favourite interventions include Gestalt, Systemic, KBT, and transformational. Clients describe him as accepting, insightful, and non-judging - yet with brutally opened reflections and challenging questions. In 2004 he co-founded Czech Coaching Association and for seven years served as a member of its leadership team.

Speech: Executive Team Coaching: Contracting and Psychometrics

The complexity of team coaching compared to individual is much higher due to emergence of team dynamics and wicked contracting process with multiple customers. In his session, Benak will share best practice on how to speed up the team dynamics and smoothen the contracting process using a valid psychometrics or 360 team profile. He will also showcase a study that if a coachee goes through one coaching feedback over his/her profile, it measurably changes the way he/she is perceived a year later.